

“Take Time for School Breakfast — Rise & Shine Texas Style,”

That’s the Texas take on the School Nutrition Association’s theme for this year’s School Breakfast Week (SBW), March 3-7, 2014

Anthony ISD is taking TDA’s 2014 SBW Challenge

We will be featuring 2 Texas Grown vegetable products daily all week long. Wednesday, March 5, 2014 will be the highlight of the week filled with nutritional information, fun activities, and cool guests!

*For more information
check out the state website.*

<http://www.squaremeals.org/Programs/SchoolBreakfastProgram/2014SchoolBreakfastWeek.aspx>



take time for

 School breakfast

Kids, School Breakfast Week is March 3-7.
 Take time to eat a healthy, energizing breakfast each morning so that you can succeed inside and outside the classroom.

Monday

Pancakes, Yogurt Cup
 Sausage Link
 100% Fruit Juice
 Grapefruit & Orange
 Smiles, Zucchini-Tomato
 Mix, Milk
 2TX GrownVeggiesServed  3

Tuesday

Scrambled Eggs a-la-
 Mexicana in a Cup
 Morning Blueberry
 Muffin, WW Toast
 Berry Medley
 Milk
 2TX GrownVeggiesServed  4

Wednesday

Green Chili Mini
 Breakfast Burrito
 w/ Salsa
 100% Fruit Juice,
 Milk
 2TX GrownVeggiesServed  5

Thursday

French Toast w/
 Spiced Apple in cup
 Fresh Banana
 Harvest Delight
 Milk  6
 2TX GrownVeggiesServed 

Friday


Spinach Mushroom &
 Turkey Sausage Patty
 Morning Sandwich
 WW Toast, Fresh
 Grapes & Grapefruit
 Wedges, Milk  7
 2TX GrownVeggiesServed 

March 2014

Special Announcements

Join us for special event on
 Wednesday March 5, 2014

Fun, Food, Western Music
 and
 Much More

 = menu item includes local ingredients.



COMMISSIONER TODD STAPLES
 TEXAS DEPARTMENT OF AGRICULTURE

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NO
 SCHOOL
 Spring Break
 March 10-14

10



11

NO
 SCHOOL

12



13

NO
 SCHOOL

14

Dry Cereal (1WGB)
 Mozzarella Cheese Stick
 (1MMA)
 100% Juice
 Milk

17

Breakfast Burrito (2WGB)
 8" W. Tortilla
 (1MMA)
 100% Juice (1/2cF)
 Milk

18

Tony's @ Cheese Stuffed
 Stick & Animal Cracker
 (2WGB, 1MMA)
 Marinara Dipping Sauce
 1/2c V
 100% Juice (1/2cF)
 Milk

19

Sausage Roll (2WGB)
 (1oz MMA)
 Fresh Fruit (1/2cF)
 Milk

20

Menudo & Hot Roll (1GB,
 1WGB)
 100% Juice (1/2cF)
 Milk

21

Dry Cereal (2WGB)
 Animal Crackers
 100% Juice (1/2cF)
 Milk

24

Mini Breakfast Burrito
 (1WGB), (1MMA)
 100% Juice (1/2cF)
 Milk

25

Cinnamon Roll (2WGB)
 Cucumber Slices (1/2c V)
 100% Juice (1/2cF)
 Milk

26

Cheese Croissant (2WGB),
 (0.5 MMA)
 Fresh Fruit (1/2cF)
 Milk

27

Pancakes (2WGB)
 Cheddar Stick (1MMA)
 100% Juice (1/2cF)
 Milk

28

Assorted Waffles (3WGB)
 Animal Crackers
 100% Juice (1/2cF)
 Milk

31



Education! Take time to pick one thing you learned in school this week and visit your school's library to read more about it. Also, before you start reading, choose a new fruit or vegetable to snack on. For instance, eat a type of apple that is new to you.

Fun Fact - Each year Texas farmers take time to harvest about 96 million bushels of wheat, the equivalent of more than 7 billion loaves of bread. You can bring big Texas style to breakfast with healthy products like whole grains in bread, waffles and tortillas or whole oats in oatmeal.