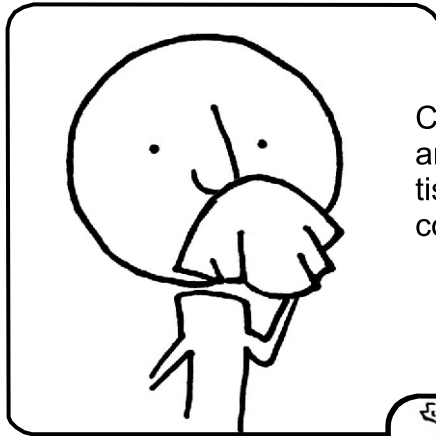


Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze



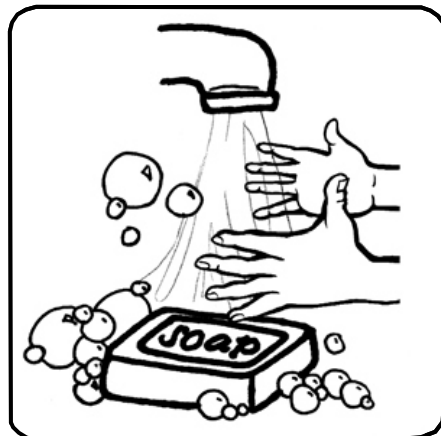
or cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

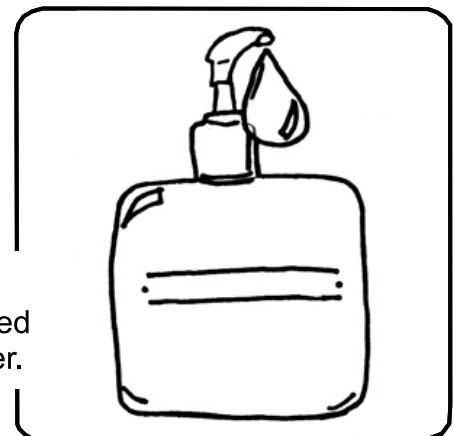


Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water



or clean with alcohol-based hand cleaner.



City of El Paso Department of Public Health
5115 El Paso Dr. El Paso, Texas 79905
www.elpasotexas.gov/health